

It has been a busy week at Taree Public School. The children are settling into class routines. Men's and Women's Business started last Friday will all children in years 3-6 participating in the Rock and Water program. The program will continue throughout the term at least and many thanks go to Peter Glencross and Grant Patterson for volunteering their time to deliver the Rock and Water Program. Information about the program is attached. The Men's and Women's Business programs will gradually become fully operational over the next weeks. Not all of the children will be going out of the school each week. The Biripi Elders have been planning an exciting cultural program for the children. Please make sure the permission notes get back to school for this program and also the general walking notes.

Don't forget on Monday, 21st February at 4pm all parents and care givers are invited to a parent/teacher afternoon. We will meet in the staffroom for some afternoon tea followed by an opportunity to visit your child's classroom and meet the teacher. All parents who attend will be given a \$50 target voucher to spend on uniforms, stationery and other back to school items. The vouchers have been donated. Please sign and return the slip below for catering purposes.

There will also be a parent meeting on Monday at 2pm at the Land's Council rooms, Purfleet. Afternoon tea will be provided.

Champions from the recent school swimming carnival:

Junior girl: Zoe Morcome

11 year girl: Brodie Glass

Senior girl: Rhain Davison

Junior boy: Kyle Simon

11 year boy: Luke Mahoney

Senior boy: Trevor Davis

Congratulations to our swimming stars!

Coming up in the next few weeks:

Life Education Van: \$7 per student. Please see the office if you are experiencing financial difficulty and would like assistance for your child/children to attend this worthwhile program and meet Happy healthy Harold!

Intensive swimming: Mission Australia is going to subsidise the cost of the swimming program for Taree Public School students. A revised cost for parents will be published in next week's newsletter.

All Years 5 and 6 students in Mr Mawby and Mrs Raymond's classes are able to go to the PCYC on Tuesday afternoons from 2pm – 3.15pm. The exciting news is that parents are invited to come along:

The Active After school Communities program aims at engaging inactive children and providing them with opportunities to take part in physical activity. The program

also aims to engage parents in the children's activities.

- Taree public school students from year 5 and 6 will attend the PCYC for 7 weeks to take part in Gymnastics as part of the Active After school communities program
- Mission Australia's Communities for Children program and the Taree PCYC have joined forces with the Taree Public AASC program to expand the capacity of the program.
- Mission Australia is providing funds to:
 - transport the children and parents to and from the PCYC
 - Hire an instructor to engage the parents in a physical activity session
 - Hire the PCYC kitchen and its Chef to assist the parents in preparing a healthy afternoon tea for the children
- Taree PCYC has absorbed the costs of the memberships for the children and their parents that attend.

The aim of this partnership is to not only introduce children to a healthy lifestyle but to engage, educate and assist the families of Taree on the importance of physical activity and a healthy diet.

Parents are encouraged to come along – catch the bus with the children from school or meet them at the PCYC!

Children in Years 3 and 4 will participate in a similar program in term 2.

For children in Kinder, Year1 and year 2, there will be a before school sports program on Thursday mornings from 8.30 – 9.30am. Dancing will kick off that program.

Regards

Vana

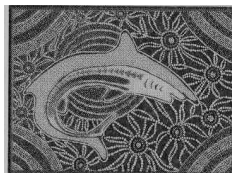
What is Rock & Water?

Rock & Water is a manual-based program that provides young people and adults a pathway to self awareness, and increased self-confidence and social functioning. The program is based upon a psycho-physical approach, that is, the program contains a large number of experiential exercises that support young people to develop self-awareness through physical exercises. The aim of the program is to support young people in developing:

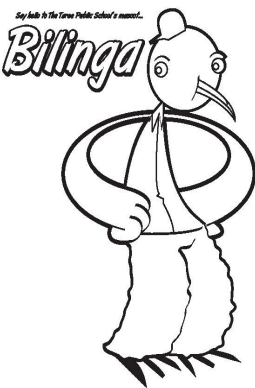
Body-awareness - or supporting young people become "in-tune" with their body, including body language, posture, breathing and physical sensations (e.g., stress, anger, arousal).

ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Biripi people who are the traditional custodians of this land. We would also like to pay respect to the Elders both past and present of the Biripi Nation and extend that respect to other Aboriginals.



CONGRATULATIONS



KOOKABURRA AWARDS

Winner of Kookaburra draw:

Liam Noble

BRONZE AWARDS

Liam Noble
Zachary Ussher
Kane Benjamin

COMMENDATION

Madison
Anderson



DATES TO REMEMBER		
21 Feb	Parent Teacher afternoon tea	Staffroom 4pm—5.30pm
23rd /24th March	Life Education Van	



“Our School’s a Great School”