

## WHAT'S ON

Thursday	12 June	Athletics Carnival
Friday	13 June	Assembly 2.00pm
Friday	13 June	Soccer Gala Day
Monday	23 June	Mufti Day Camp Fundraiser
Tuesday	24 June	School Photos
Wednesday	25 June	Bronze Reward Excursion to riverbank
Thursday	26 June	Naidoc Day
Friday	27 June	Term 2 Ends

### Principal's Report

#### Building Works

Our canteen is nearing completion and our c block works are well underway. Students are very excited about the new classroom kitchen which has been installed in a block.

We look forward to welcoming parents and community in to the school to taste our culinary delights.

#### Athletics Carnival

Good luck to all primary students competing in the Small Schools Athletics Carnival at Taree Recreation Ground tomorrow. Competition commences at 9.15am.

#### Soccer Gala Day

Good luck to our mixed Soccer team competing at the Soccer Gala day at Wingham on Friday.

### Bronze Reward Excursion

A bronze reward excursion has been planned for Wednesday 25 June. Please reinforce the importance of displaying our school values at school to students to ensure that your child is invited to attend.

Regards,

*Karen Clark*  
Principal  
Taree Public School

### Point Wolstoncroft Excursion **Reminder**

Please find attached to the newsletter a payment plan for the 2014 school camp. This plan shows the spread of the cost across the year. A \$50 deposit is required for the bus booking which is non-refundable. Please contact Miss Budge if you have any questions.

### Positive Behaviour for Learning

PBL for week 6 is:

**"I feel proud as I move to the school office"**

- \*Follow instructions
- \*Use polite voices
- \*Keep personal space

### Week 6 PBL Winners

Congratulations to last week's winners for PBL. The winners were Javyne and Brock.

### Soccer Gala Day

Our mixed soccer day is at Wingham Sporting Complex on Friday 13 June. The children involved will travel by bus. A note has been sent home in regards to the excursion.

### Assembly Item

The week 7 assembly item will be by Gukandi 5/6. All parents are invited to come along to the assembly at 2.00pm on Friday to support the students and view their class items.



## ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Biripi people who are the traditional custodians of this land. We would also like to pay respect to the Elders both past and present of the Biripi Nation and extend that respect to other Aboriginals.

### **Live Life Well Program**

Congratulations to Taree Public school because he have been awarded a \$2000.00 grant from Live Life Well @ School to help improve the physical and nutritional needs of the students. With this money we will be able to purchase a worm farm to recycle all our food scraps into fertiliser for our school garden. We will be able to purchase some cooking utensils for our new kitchen and some new sporting equipment. We will buy mulch plants etc. for our school garden. We will also be able to buy feed and equipment for our chickens. All the staff and children are very excited about these positive changes that will take place over the next few weeks.

### **Congratulations to us!!!**

Our school has met all the requirements to become a certified Crunch & Sip School:

1. We have implemented a vegetable, fruit and water break in all our classes
2. We have developed a policy to ensure sustainability and ensure all students will have access to fruit and vegetables
3. And, you have registered with the Good For Kids Team.

All the students and staff have received a free water bottle for their desks to hydrate during the day. We have a new sign on our front gate as well.

### **Moroccan sweet potato and chickpea soup**

This soup recipe was developed by Robyn from Moss Vale High School

#### **Ingredients**

- 2 tsp olive oil
- 1 large onion, finely chopped
- 2 sticks celery, diced
- 2 tsp garlic, minced
- 1 heaped tbs cumin
- 1/2 tsp chilli, minced
- 1 tsp cinnamon
- 3 kg orange sweet potatoes, peeled and chopped

- 1 litre salt reduced chicken or vegetable stock
- 4 cans chickpeas, rinsed and drained
- 300 ml reduced fat milk

#### **Method**

1. Heat oil in a large pot
2. Add onion and celery and sauté until translucent
3. Add minced garlic and spices, cook for 5 mins on low heat
4. Add sweet potatoes and stock
5. Bring to a boil, reduce heat to a gentle simmer and leave until vegetables have softened
6. Stir through chickpeas and milk

### **World Environment Day**

June 5th is World Environment Day, and it's the perfect opportunity to look at how your lunchbox can make a few small changes to help benefit our environment. Don't feel discouraged and think you can't help – if we all make small changes, big things happen.

1. Choose produce that's in season  
Eating seasonal fruits and vegetables not only bolsters your health but also benefits the environment. When food is in season you can usually buy produce that was farmed closer to home (reducing the carbon footprint of transporting the food) and you can bet it tastes better and generally costs less, too.

2. Cut back on meat

Cutting back on your meat consumption can benefit both you and the environment. First, you're helping to reduce the carbon footprint from having to transport and feed the livestock. And second, you're boosting your health if you replace the meat with some healthy legumes and vegetables. "Meatless Mondays" are a good place to start – either at home or in your canteen. Our vegetarian chilli is the perfect meal to start you off. This being said, meat is an important source of protein for growing bodies and should be consumed approximately 3 times a week.

### 3. Recycle, recycle

It's a given that water is the best choice of drink, but so many of these plastic bottles are ending up in the landfill. Does your school recycle? Remind your students to recycle their plastic bottles by putting up signs outside your canteen and placing a recycle bin in an obvious place. Remember, every little bit counts.

### 4. Grow your own herbs and veggies

There's nothing like the magic of planting, nurturing, harvesting your own veggies to get the kids gobbling them up. DIY veggies also help reduce fossil fuels as it cuts down the transport chain considerably. Encourage gardening at your school by having a herb pot at your canteen door. Use the herbs in your bolognaise or pasta sauces.

### 5. Cut the waste

Instead of throwing out your leftovers, revamp them into new dishes when possible. For instance, use fruit in smoothies or freshly baked muffins. If you have a school garden, start a compost. Check out the Love Food Hate Waste Campaign [here](#)! World Environment Day is a great opportunity to do your bit for the environment, start today and you won't stop tomorrow.



## In And Around Taree Public

### **"Week 5 Term 2 weekly awards"** **Bronze Awards**



## **Congratulations on your Bronze Award Jowin and Daniel!**





## In And Around Taree Public

### **"Week 5 Term 2 weekly awards"** **Merit Certificates**



**Duridagila-**  
**Guparr - Brendon**  
**Mikiri -**  
**Gukandi - Josh, Dylan**  
**Burrang - Cody, Mikey**

### **Citizenship Awards**



**Duridagila- Talisha**  
**Guparr -**  
**Mikiri -**  
**Gukandi - Caleb**  
**Burrang - Jacob**

## In And Around Taree Public

### **"In And Around Taree Public"**



### **Healthy New Drink Bottles**



### **Fun In The Sand Pit**



## In And Around Taree Public

**"Week 6 Term 2 weekly awards"**  
**Merit Certificates**



**Duridagila-**  
**Guparr** - Javyne, Charlie  
**Mikiri** - Daniel  
**Gukandi** -  
**Burrang** - Jacob, Jayden,

### **Citizenship Awards**



**Duridagila-**  
**Guparr** - Abby  
**Mikiri** - Jowin  
**Gukandi** -  
**Burrang** - Cody

## In And Around Taree Public

**"In And Around Taree Public"**

### **PBL Award**



**PBL Winners** - Jacob, Jayden,





## In And Around Taree Public

### **"Burrang Vege Plot"**



Healthy Vegetables growing in  
Burrang's plot!!



## In And Around Taree Public

### **"Burrang Vege Plot"**



## In And Around Taree Public