

Be Proud, Be Safe, Be Respectful

# Taree Public School Newsletter

Albert St Taree NSW 2430

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**Bilinga Term 4 - Week 2 Monday 21st October 2019**

## TERM 4 IMPORTANT DATES

### WEEK 2

Friday 25th October

Assembly @ 2.30pm — presented by 6R  
Kinder Transition 9.30am –12.00pm

### WEEK 3

Tuesday 29th October

School Photos

Thursday 31st October

Kinder Transition 9.30am –12.00pm

Friday 1st November

Kinder Transition 9.30am –12.00pm

### WEEK 4

Thursday 7th November

Outdoor Classroom Day

Thursday 7th November

Kinder Transition 9.30am –12.00pm

Friday 8th November

Assembly @ 2.30pm — presented by 4/5C

Friday 8th November

Kinder Transition 9.30am –12.00pm

### WEEK 5

Monday 11th November

Newsletter Issue 2 Term 4

Monday 11th November

Remembrance Day Ceremony

Wednesday 13th November

Whizzy Water Drop Visit Years K-3 @ 2:00pm

Thursday 14th November

Kinder Transition 9.30am –12.00pm

Friday 15th November

Kinder Transition 9.30am –12.00pm

Friday 15th November

Taree High School Year 7 Transition— All Day

### WEEK 6

Thursday 21st November

Last Kinder Transition / Parent Information session 9.30am –11.00am

Friday 22nd November

Book Giving Assembly @ 2.15pm — Presented by 2/3H

### WEEK 8

Monday 2nd December

Chatham High Year 7 Parent Information Session @ CHS 6pm

Tuesday 3rd December

Taree High Year 7 Transition — All Day

Tuesday 3rd December

Chatham High Year 7 Transition — All Day

Friday 6th December

Assembly @ 2.30pm — presented by 2-6V

### WEEK 9

Monday 9th December

Newsletter Issue 3 Term 4

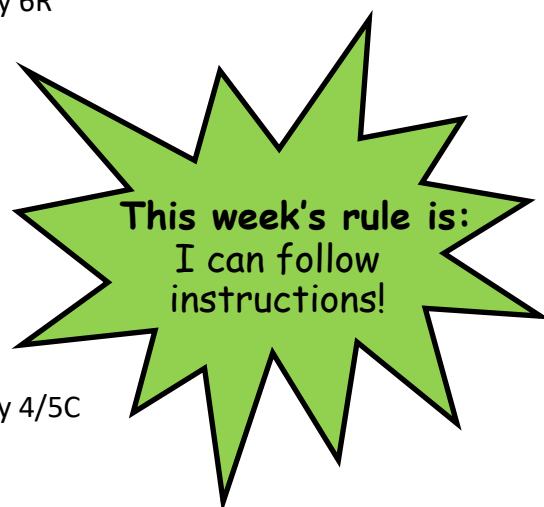
Wednesday 11th December

Presentation Day / Concert

### WEEK 10

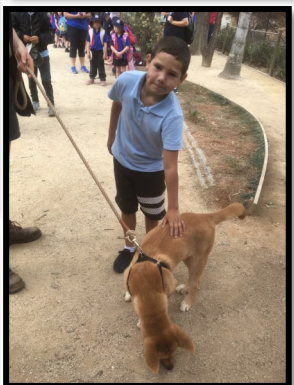
Wednesday 18th December

Last Day of Term 4 for all students



## Billabong Zoo Excursion 3-6

The students who attended the Billabong Zoo excursion before the holidays had a fantastic day. The behaviour of these students did Taree Public School proud.



Our new novel this term is Holes. This unit provides opportunities for students to explore a variety of writing techniques and text types. Paragraph structure is explicitly taught as well as character perspective.

I would love to thank all the year 6 students for doing an amazing job organising, cooking and serving the healthy rainbow foods for all the classes to have a taste. This is a fun way to promote healthy eating. Also, thanks to all the class teachers for preparing a plate of healthy food to taste.



What a big accomplishment we have completed and entered our Picasso Cow into the Discover Dairy competition, and we now have to wait until the 8th of November for the judges to choose the winners.



## Class 6R

Welcome back to Term 4!

This is a very busy term with orientations to High School commencing throughout the term.

For Geography this term we are doing a unit on Global Connections which examines some of the different connections Australia has with other countries. Areas of study include Australia's overseas connections through the Antarctic Treaty system, official organisations, tourism and sister cities.

**School photos will be taken next Tuesday 29th October.**

**Please make sure your child comes to school on time in clean full school uniform.**

**Order forms will be sent home in approx. week 4.**





## Class 2/6V

Welcome back to another very busy term. I hope everyone had a lovely holiday.

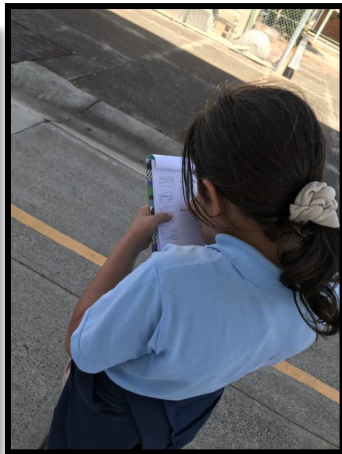
We have started all our units that we are going to be exploring this term. In writing we are learning about poems and creating our own different types of poems.

Our Geography unit is about Australia and why it is unique. We have started looking at what makes Australia unique.

During PDHPE this term we are looking at ways to keep us safe. Last week we walked around our school playground and looked for any potential hazards and what we have in place at school to keep us safe.

We are all ready for another hard working term to finish off the year.

Miss Visser.



## Cricket Gala Day



Year 5/6 boys will be going to Taree Recreation Grounds for a Cricket Gala Day next Monday 28th October.

The notes for this have gone home last week.

Please return all notes to Mrs Raymond as soon as possible.

## Outdoor Classroom

We will be holding our Outdoor Classroom day on Thursday 7th November on the Manning River to participate in lots of exciting activities.

Parents are welcome to come along and join in on the day, more info to come.

## ZOO SNOOZE EXCURSION

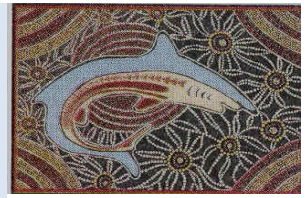
A group of students were lucky enough to go to Sydney Taranga Zoo for the Zoo Snooze Excursion last term on Thursday 26th & Friday 27th September. This was an amazing experience for all students and teachers who attended.





## ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Biripi people who are the traditional custodians of this land. We would also like to pay respect to the Elders both past and present of the Biripi Nation and



Design: Kathleen Morcome



SunSmart Snippet

## The simplest way

... to know when sun protection is required.

UV is not like the sun's light which we see, or the sun's warmth which we feel. Our senses cannot detect UV so it can be damaging without us knowing.

**Protect yourself in five ways when the UV is 3 and above.**



Sun protection is required today from \_\_\_\_\_ to \_\_\_\_\_  
Maximum UV Index \_\_\_\_\_

Monitor the daily sun protection times and check the SunSmart app.



**When UV is 3 or above you need to SLIP, SLOP, SLAP, SEEK, and SLIDE!**

Go to [www.sunsmartnsw.com.au/resources](http://www.sunsmartnsw.com.au/resources) to download our free resources to document your local daily sun protection times and help you implement best-practice sun protection.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)

## 2020 school bus travel applications now open

To assist with any enquiries you may receive regarding student travel applications, we have provided some information below.

**Applications for student travel in 2020 opened on Friday, 11 October 2019.**

Students progressing to year 3 and year 7 no longer need to re-apply *if* they:

- *are continuing at the same school*
- *are residing at the same address*
- *have not been sent an expiry notification from Transport for NSW.*

Where a student meets the new distance eligibility, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification via email.

If students need to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>.

**Applications need to be submitted before 31 December 2019** to ensure student entitlements are updated and their current entitlement/card is not cancelled.

If their application is submitted after 31 December 2019, the system will automatically cancel an entitlement/card and a new one will need to be issued.

# SkoolBag

Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- \* School newsletters
- \* Notices
- \* Events
- \* Cancellations
- \* Reminders
- \* ...and more!

## INSTALLATION INSTRUCTIONS

Just search for our school's name in the App Store on your phone and download our app!

**JDRF | ONE WALK**  
FOR A WORLD WITHOUT TYPE 1 DIABETES **T1D**

**Come & walk with us!!!  
Join us for a Teddy Bears Picnic in  
the park.**

**SUNDAY 27th October 2019  
Queen Elizabeth Park, Taree  
(Behind KFC)  
10am 2pm (Registration 9am)**



Contact Donna Yarnold  
0416669685



Bring along your Teddy  
or adopt 1 for a gold coin  
donation

- Special Visitors
- BBQ Lunch
- Cake Stall
- Raffles
- & Much more!!!!

To register  
[www.walk.jdrf.org.au](http://www.walk.jdrf.org.au)  
(Find us under, Find a walk-NSW-Taree)



Walk for a cure-Taree

## UNIFORMS

Uniforms can be purchased through the school office.

Polo Shirts  
\$16.00

Shorts  
\$16.15

Skorts  
\$18.00

Jumpers  
\$20.00

Pants  
\$20.00

Hats  
\$11.00

Zipper Jackets  
\$30.00





## Newsletter for primary school parents

Parent Line provides immediate telephone and online counselling, support, information and referral for parents and carers of children aged 0 – 18 years all over NSW. There are no waitlists and no referrals required to access the service.

Parent Line NSW is one of the few services which parents and carers can access outside of normal business hours to talk about parenting issues with a qualified Parenting Counsellor. Our counsellors are professionally trained and specialise in working with families.

We all know parenting can be a tough – but also extremely rewarding – job. At times, family life can be moving along well and at others, there may be challenges which push you and your child to your limits.

Every year Parent Line takes more than 8,000 calls from parents needing help ... but why are they making that call? Here are the Top 5 issues affecting parents about their primary-aged children over the past 12 months and some suggestions on handling them.

### 1. Technology use:

Many parents are finding it extremely difficult to manage the amount of time their children spend on screens. Try avoiding technology in bedrooms, help your child choose what they watch, limit screen time, opt for alternatives to technology-based activities and quite simply just turn devices off.



[facebook.com/parentlinenewsouthwales](https://facebook.com/parentlinenewsouthwales)



**Parent Line NSW**  
**1300 1300 52**  
Parentline.org.au



### 2. Support during separation:

Research has shown that exposure to parental conflict is more damaging for children rather than the separation itself. Developing a co-operative relationship with your child's other parent is the best way to support your children. Children often feel responsible for separation so it is vital to reassure your child that it is not their fault and that both parents' love for them hasn't changed. Stick to routines as much as possible and, if you become concerned about your child's mood or behaviour, seek professional support.

### 3. Managing tricky peer relationships

As a parent, it can be challenging to see your child struggling with friendships. Exclusion, gossip, belittling and conditional friendship can affect a child's confidence and self-esteem. Helping children recognise the qualities of good friendships, promoting kindness, compassion and empathy as well as supporting a broad range of friendships, especially those outside of school, can all help.

### 4. Anxiety

Anxious behaviour is common in children, especially as they come across new situations and experiences. The goal for most kids isn't to eliminate anxiety completely. It's really about giving them the skills to manage anxiety so it doesn't get in the way of enjoying life.

### 5. Parent/Carer Wellbeing

The greatest gift you can give your child is a healthy 'you.' Parent self-care is an important aspect of parenting which is often overlooked, but there is a direct relationship between parent mental health and the well-being of children. Daily exercise, eating well, prioritising sleep, engaging in an activity which is pleasurable, connecting with family and friends, and having down time are the building-blocks of parent self-care. If you are starting to feel that parenting is overwhelming, it may be worth seeking professional support.

**Parent Line is open 7 days per week from 9am – 9pm Monday to Friday and 4pm – 9pm on weekends. Parents and carers can get in touch by calling Parent Line on 1300 1300 52 (for the cost of a local call) or, alternatively, they can private message us on facebook and we can arrange for a Parenting Counsellor to call them back.**



[facebook.com/parentlinenewsouthwales](https://facebook.com/parentlinenewsouthwales)



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