

Taree Public School Newsletter

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Bilinga Term 1 - Week 6 Monday 1st March 2021

TERM 1 2021

<u>Week 6</u>	Monday 1st March	Newsletter — Issue 2
<u>Week 6</u>	Friday 5th March	Clean Up Australia Day
<u>Week 6</u>	Friday 5th March	Intensive Swimming Ends
<u>Week 7</u>	Thursday 11th March	Netball School Cup
<u>Week 8</u>	Monday 15th March	Harmony Week
<u>Week 9</u>	Monday 22nd March	Newsletter — Issue 3
<u>Week 10</u>	Tuesday 30th March	Easter Raffle Tickets to be Returned
<u>Week 10</u>	Thursday 1st April	Easter Hat Parade — Students Only Event
<u>Week 10</u>	Thursday 1st April	Easter Raffle Drawn
<u>Week 10</u>	Thursday 1st April	LAST DAY OF TERM 1

PLP Meetings

A huge thank you to all of our wonderful parents and carers who attended our PLP BBQ afternoon last week. We are so pleased to share in the educational journey of your children.

The goal setting process for our students learning for Term 1 has been positive and highly valued. These learning goals will now be displayed in every classroom and our children will be working hard to achieve those goals.

Easter Hat Parade

Students will be creating their own Easter Hats in class to parade on Thursday 1st April (last day of Term 1). Due to Covid-19 restrictions unfortunately no parents, carers or community members can attend this event.

We will be having an Easter Raffle this year which will be drawn at the Easter Hat Parade. Winners

will be notified by phone to arrange pick up of their prize from the office.

Raffle tickets will be available to buy and sell in the coming weeks.



Safer Internet Day

Safer Internet Day was held on Tuesday 9th February. Students from classes 3/4V and 5/6M went to the library to watch a Zoom from the eSafety commission on real and fake news. Students learnt a lot about how to be safe on the internet.



Class 3/4V

Wow Week 6 already! We have been doing so much over the last couple of weeks. Students have been having lots of fun at intensive swimming!

We had a Zoom meeting with Healthy Harold, who spoke to us about being safe on the internet. Even though Harold didn't come in his van this year we still got to see him live on the computer.

In PDHPE students participated in some role playing. Students had to act out safe and unsafe scenarios and decide what was the safest situation. All students did a great job sharing their scenario to the class.

We are patiently waiting for our pen pals to send us our first letter. We have been busy learning about how to write a letter and how to add lots of information into our sentences.

Students are really enjoying going to Library every Thursday and borrowing books to bring back to the class.



A massive congratulations to Kallista for progressing to zone swimming.

Well done, you should be very proud of yourself!

Homework started in Week 3. Students have a home reader and sight words that they should practice each night. There will also be a worksheet for them to complete. Homework is optional.

Thank you to all the parents that came to our PLP BBQ, it was great to meet students parents and complete their learning goals.

Miss Visser



Class 1/2H

In science the students have been learning about living things. They enjoyed looking at worms with magnifying glasses to get a closer look at their external features.



Library lessons have been a big hit on Thursday's with most students borrowing books and learning about how the library runs.

Thank you to all the parents who came to the PLP meeting last Wednesday afternoon, it was great to meet you and I look forward to the year ahead working with you and your children.

Have a great week!

Linda Hook



Class 5/6M

How is it Week 6 already?

5/6M are continuing to amaze me. The resilience and acceptance of change has been plausible. Week 5 brought upon us sweaty brains from the moment the students entered the classroom as it has been important for us to knuckle down and achieve our English and Mathematics learning before most of our class heads off to swimming. We have been focusing on sizzling starts in writing to ensure we start our creative writing with a bang and hook the reader immediately. When you hear students say, "Can we please do more maths?", it reassures me that our hands-on mathematics lessons are a classroom success.

Keep up the great work 5/6M.

Miss Milliken



Life Education Virtual Visit

Healthy Harold visited our school on Monday 15th February via ZOOM to educate and empower our students to make safe and healthy life choices now and into the future. Students were very happy and excited to see Healthy Harold again.



INTENSIVE SWIMMING — WEEK 1



ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Biripi people who are the traditional custodians of this land. We would also like to pay respect to the Elders both past and present of the Biripi Nation and extend that respect to other Aboriginals.



Design: Kathleen Morcome



Hats are vital for protection in the sun. Physical activity every day is important for good health. www.GenerationSunSmart.com



School Uniform

Please make sure your child brings their hat to school every day so they can play in the playground, on the equipment and participate in sport.

You can purchase uniforms from our school office. We have both summer & winter uniforms in stock!

UNIFORM PRICE LIST

Navy polo shirt	\$20.00
Sky blue polo shirt	\$ 8.00
Shorts	\$16.00
Skorts	\$16.00
Jumpers	\$15.00
Pants	\$15.00
Zipper jackets	\$20.00
Hats	\$11.00

2021 Swimming Champ!

A huge congratulations to Kallista who represented our school at the Small Schools Swimming Carnival held in Wingham on Thursday 11th February.

Kallista swam so well that she was awarded the Junior Girls Champion on the day.

Kallista then progressed to the next stage competing at the PSSA Zone Swimming Carnival on Wednesday 17th February at Manning Aquatic Leisure Centre.



4 simple steps to a healthy lunchbox

Packing an everyday lunchbox is as easy as:

- Step 1: Pack vegetables for Crunch&Sip® (e.g. carrot sticks or cherry tomatoes).
- Step 2: Pack fruit and an everyday snack for recess (e.g. popcorn, yoghurt, rice crackers and cheese).
- Step 3: Pack a sandwich, wrap, roll or leftovers (e.g. pasta, rice or roast vegetables) for lunch.
- Step 4: Finish with water as the perfect thirst quencher.



For easy ideas on healthy lunchboxes visit <http://www.goodforkids.nsw.gov.au/primary-schools/swap-it/packing-an-everyday-lunchbox/>



Good for kids
good for life



Do you have a child turning 4 years old in 2021?
Do you live in the Taree/Forster area?

FREE

If so, we have a place for you and your child to join the FREE HIPPY program!!!

What is HIPPY?

HIPPY (Home Interaction Program for Parents and Youngsters) is a FREE 2 year home-based early learning program. The program builds the confidence and skills of parents and carers, to create positive learning environments and prepare their child for school.

- ✓ HIPPY is a free two-year early learning program
- ✓ HIPPY uses fun and creative activities to support a child's development
- ✓ HIPPY empowers parents and carers as their child's first teacher
- ✓ HIPPY helps children make a successful transition to school and beyond

Do you want to find out more?

FUN & FREE PROGRAM!

Please contact one of the HIPPY Coordinators:
 Hanna – 0434 660 571
 Linda – 0427 414 488

Anti-Bullying Day

The National Day of Action against Bullying and Violence is a day for schools, students and the community to say.....



'Bullying. No Way!'

Become involved, talk to your child/ren about what the day means and encourage them to

participate in the online activities they can access.

The school will be promoting the campaign by holding a number of events on or around the day.

**Friday 19 March 2021-
 National Day of Action**



Tell Them From Me

HELP US TO ACHIEVE POSITIVE AND PRACTICAL CHANGE AT SCHOOL

It's that time again!

We are asking students in years 4, 5 and 6 to participate in the "Tell Them From Me" student survey.

This survey is conducted twice a year to gather information that helps us to better understand how to improve student wellbeing and engagement.

It is totally confidential and conducted by an external agency. Participation is voluntary however we encourage all students to participate.

A permission note will be sent out soon, along with more information about the survey and its purpose.



Guiding Positive Behaviours Taree



Guiding Positive Behaviour: Surviving and Thriving the Early Years is a back to basics look at what is age appropriate for your children at their particular age and stage in life.

This workshop will offer **loads of very helpful tips and ideas** that can be used immediately at home, as well as some thought provoking suggestions that make you more aware of what is really important to your children to give them the very best start in life.



Presented by
Donna and Angela from
Back on Track Consultancy.
Offering more than 50 years of
combined early childhood
experience.

Use the QR Code to register or call 6539 2003.



Wednesday 3 March
Manning Regional Art Gallery
12 Macquarie Street, TAREE

Time: 9.30am to 11.30am
Cost: Free - Morning tea provided

A Linking Schools Early Years Initiative

COLLABORATE.

STRENGTHEN.

EMPOWER.

'Getting to Know You' Group

Why attend?

The 'Getting to Know You' group is a six week program for parents and carers with newborn babies.

Parents and carers will improve their understanding about the amazing skills and desires a baby has to communicate and interact with their caregivers and how this helps healthy brain development in babies.

Who can attend?

This group is for families with babies aged 0-8 weeks

Dates & Location:

Tresillian Family Care Centre
78 Albert Street, Taree

Tuesdays 10 am – 12 pm

- 2nd March
- 9th March
- 16th March
- 23rd March
- 30th March
- 6th April



How to book:

To book, please contact Tresillian in Manning

Phone: 02 6515 1952

Email: TFCC-Taree@health.nsw.gov.au

Please note:

- This is a face-to-face group
- Covid screening and precautions will be in place
- Numbers are strictly limited to enable social distancing
- If you would like to attend, please register ASAP



Tresillian

it's in our nature to nurture

tresillian.org.au

Supporting positive cultural identity for children and young people living in OOHc

TRAINING FOR CARERS

Caring for a child in foster care is extremely rewarding. As a carer you are assisting a child to develop a sense of security, positive healing relationships, self-esteem and a positive sense of identity that will carry them through life. This engaging interactive workshop gives carers the confidence and practical strategies to support a child's positive cultural identity in rewarding and meaningful ways.



SSI provides quality training around SSI's experience and know-how as a leading provider of services to Australia's culturally diverse communities and as a specialist in multicultural foster care.

Use the QR Code to register or call 6539 2003.

Thursday 18 March
Club Taree, 121 Wingham Road, TAREE
Time: 9.30am to 12.30pm
Cost: Free - morning tea provided
No child minding available at this event

Numbers are strictly limited



Communities for Children

MISSION AUSTRALIA



Self care for OOHc Carers

Caring for children in out of home care is extremely worthwhile, but it is also challenging. Children and young people exposed to trauma can expose carers and their families to trauma also.

This workshop will use the basic principles of trauma informed care and practice – safety, trustworthiness, choice, collaboration and empowerment to enable you to: **identify the distinction between trauma, secondary trauma and vicarious trauma; understand the impact of vicarious trauma; incorporate the interpersonal trauma framework into a self-care plan; implement strategies to help manage vicarious trauma.**



SSI provides quality training around SSI's experience and know-how as a leading provider of services to Australia's culturally diverse communities and as a specialist in multicultural foster care.

Use the QR Code to register or call 6539 2003.

Tuesday 16 March
Club Taree, 121 Wingham Road, TAREE
Time: 9.30am to 12.30pm
Cost: Free - morning tea provided
No child minding available at this event

Numbers are strictly limited



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